ALBEMARLE COUNTY PUBLIC SCHOOLS
Blood Glucose Monitoring

Employee Name:  
School:  

Position:  

PERFORMANCE CRITERIA  

1. Washes and dries hands appropriately.

2. Selects appropriate site on the fingertip (top or sides).

3. Demonstrates method used to increase blood flow to fingertip: hang arm below heart level, gently squeeze fingertip in a milking fashion.

4. Punctures fingertip accurately: obtains optimal amount of blood to perform accurate blood glucose measurement.

5. Follows directions for blood glucose monitor: calibration, placing blood drop on test strips, & obtaining an accurate reading.

6. States where blood glucose results will be recorded.

Evaluator’s signature:_______________  
Date:_______________  
Employee signature:_______________  
Date:_______________  

Albemarle County Public Schools, 2002.